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THE SMOOTH GUIDE to Training Changes at UHL

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Shape of Training (SoT)

What is Shape of Training (SoT)?

- The SoT report was published in October 2013 to explore whether medical education and training is producing the type of doctor that patients and service providers need, and to ensure that the training of the doctors of tomorrow remains relevant and fit for purpose.
- Training pathways and rotas will change over the next few years for all junior doctors in all specialties.
- The first programme to change will be Internal Medicine Training (IMT).

Why was it necessary?

- To meet the needs of patients and also because service providers are changing.





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Impact of Internal Medicine Training (IMT) in UHL

- IM Stage 1 training programme is 3 years long for 'Group 1 specialties'.
- 'Group 2 specialties' will complete IM1 and IM2, with the option to complete an IM3 year.

Training Year	Focus of training placements
IM1	Assessment of the acutely ill patient and the management of the acute medical intake of patients
IM2	Experience in out-patient clinics, critical care placements
IM3	Primarily involved in the acute take and functioning as the 'Medical Registrar'

Why was it necessary?

- Mandatory training in critical care, geriatrics, out-patients and ambulatory care.
- Increasing responsibility for the acute take.
- Improve transition to the registrar role.
- Mandatory simulation based learning.
- Provide a more structured programme.
- Allow extra time to gain MRCP.
- Longer placements (IM3), more continuity.
- Holistic and simplified assessment.







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What do I need to do now? What next?

- Look out for local training opportunities for Supervisors, including the new CIPs!
 - Keep an eye on our twitter account for news on these training opportunities - @UHLClinEd.
 - The new curriculum can be accessed at www.jrcptb.org.uk/imt.
 - Sign up to participate in forthcoming recruitment interviews in April by contacting rebecca.tongue@hee.nhs.uk.
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- All issues of 'The Smooth Guide' will be made available to download from www.uhl-clinicaleducation.org.

