

**Directorate of Education
and Quality**

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Dear Colleague,

As part of our response to the current COVID emergency, HEE has developed a new offer for doctors in training. We hope that this offer will help address any increased stress being experienced by our junior doctors as a result of the COVID-19 pandemic.

We are offering an extension of the Out of Programme Pause (OOPP) pilot. This will expand the pilot for OOPP to all specialties for a one year application window.

I would like to thank NHS Employers for your valued input and feedback during the development of this, which we hope will support trainees who have contributed to supporting health and care services in an unprecedented way during the pandemic. We very much appreciate that there will be challenges in implementing this, however we feel that this kind of initiative will help to address issues of retention by reducing stress and burnout among trainees.

We are continuing to explore options of how we can support the wellbeing of all learners during this time and will be sending further communication regarding this at a later date.

I have also attached some slides, which give more details of this offer and we would be grateful if NHS Employers would promote this information to its members and would once again like to thank you and your members for the work you are doing as part of our collective efforts to tackle COVID-19.

Yours faithfully



Professor Sheona MacLeod

Acting Director of Education and Quality and Executive Medical Director, Health Education England