**Foundation Job Description**

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| **Foundation School** |
| LNR  |
| **Grade***(F1 or F2)* | **Specialty***If General (Internal) Medicine OR General Surgery, please provide a sub-specialty* | **Sub-specialty (if appropriate)***If General (Internal) Medicine OR General Surgery, please provide a sub-specialty* |
| F2 | Psychiatry | General Adult |
| **Trust** | **Site** |
| Leicestershire Partnership Trust | Bradgate Mental Health Unit, Glenfield Hospital |
| **Main Duties**  |
| In this placement you will work within the multidisciplinary team covering Thornton Ward within the Bradgate Mental Health Unit. The work is weighted towards providing inpatient care, but you will get the experience of participating in 2 outpatient clinics at Maidstone Centre. This will involve seeing a new patient and working out the formulation and arriving at a diagnosis and management plan. This clinic will be supervised by a senior psychiatrist providing the opportunity to develop your skills, receive feedback and complete assessments. Along with a new patient you will see up to 2 follow up patients in one clinic session.You will attend handover meetings at the start of the day on Thornton ward.You will have the opportunity to liaise with various members of the multidisciplinary team on the ward and within the community i.e., psychologists, community psychiatrists, social workers, and GP’s. You will also liaise with colleagues from Glenfield Hospital as appropriate, depending on the clinical needs of the patients.The ward duties will involve admitting patients, undertaking regular reviews of their mental state, communicating the clinical decisions, completing risk assessments, and undertaking physical health monitoring.As part of your post, you will participate in the on-call Rota of the Bradgate Mental Health Unit, providing out-of-hours medical cover to the wards based at the Bradgate Unit. You will receive further information in relation to this at your inductions to the trust. The on calls will be approximately three times a month.There will be an opportunity to gain experience of the legal aspects of mental health including use of the Mental Health Act. There may also be opportunities to attend associated management meetings to gain leadership and management experience if desirable.You will receive regular supervision from your Clinical Supervisor and reflect on the learning that you have experienced, supporting your learning and development needs. |
| **Example Timetable** |
| **For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.** |
|  | **Mon** | **Tues** | **Weds** | **Thurs** | **Fri** |
| **AM** | Ward Review Handover & Ward Rounds | Ward Work | Ward Round & Handover | Clinic- Maidstone Centre | Ward Reviews/Academy Teaching |
| **Lunchtime** |  | Journal Club Teaching | Foundation Teaching |  | Academic Teaching |
| **PM** | Clinic – Maidstone Centre and supervision | Ward Work | Ward Work | Ward Work or CMHT team meeting | Audit/ Ward work |
| **Educational Activities:** |
| You will receive face to face weekly supervision with your Clinical Supervisor, lasting one hour. You will be expected to attend weekly journal club case conference and the Friday lunchtime academic meeting with teaching on a variety of topics.There will be opportunities for clinical audit, ECT participation and you will be able to attend all mandatory FY teaching. |
| **Other Comments (if appropriate):** |
| Leicestershire Partnership Trust places a keen focus on the education and training of junior doctors. This post will provide excellent opportunity to develop your clinical skills and competencies, ensuring you meet the objectives set in the foundation training curriculum.Working within general adult psychiatry, you will have the opportunity of assessing and treating patients with a range of physical and mental health needs in both hospital and community settings. With the treatment focusing on the whole of the patient, you will gain an insight into holistic healthcare and the increasing importance of managing chronic health problems in the community, closely allied with the objective of the Foundation Curriculum.With excellent senior support, including an hour of clinical supervision with a named clinical supervisor per week, we will support you in our in-house Academic Programme. We will ensure that you are exposed to multidisciplinary team working, with the patient at the centre of the care and where possible will offer the opportunity for exploring special interests in this field.Along with developing your knowledge and treatment of both mental and physical disorders, you will have the opportunity to expand on a wide range of skills that will be applicable across multiple domains of medicine. This may include experience in leadership and communication skills. |
| **Disclaimer:** Please note that the placement information provided is subject to change. |